



Glen Allen Football & Cheerleading Association

# 2009 Raven-Panther Camp



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Our annual Raven-Panther camp has become a tradition for our young Ravens looking to get a jump on conditioning & skill sharpening for the upcoming season.

Our camp is a non-contact camp open to all players ages 5-14 and is headed up by one of the premier football coaches in the area, Hermitage Panthers head coach Patrick Kane.

All campers will have the opportunity to train, work hard, improve skills, make new friends, & have lots of fun. Each athlete is encouraged to develop new skills

and achieve a new level of play and self-confidence. Campers work on conditioning, fundamentals and technique.

This year's camp will be held August 5th & 6th from 8:30AM to 11:00AM at RF&P field. Tuition is \$50.00 per camper.

## Sign up for the 2009 Raven-Panther Football camp!

Sign up online at <http://www.glenallenvravens.net> or complete the form below and mail to the address below.

Name of Athlete \_\_\_\_\_ Age \_\_\_\_\_ Years of Experience: \_\_\_\_

Address, City & Zip Code: \_\_\_\_\_

Contact Phone Number \_\_\_\_\_ Ins. Carrier & Policy #: \_\_\_\_\_

Doctors Name and Phone Number: \_\_\_\_\_

I certify that my son has no injury or illness which could jeopardize his well-being by participating in the Raven-Panther Football Camp.

Signature of Parent or Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Shirt Size: Youth: SM MD LG XL Adult: SM MD LG XL

